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Facebook Addiction Among College Students of Tripura: Dissecting the Roles of Gender and Age

DEEPAK UPADHYAYA AND IVAN DAS

The study of the internet is never complete without exploring the impact it has on human lives, for the internet is made by the people, for the people. Hence, this study focuses on assessing the nature of Facebook addiction, among the college students of Tripura. Very few researches on Facebook or internet addiction are found in the state of Tripura. From 30 eminent colleges of Tripura, 3337 students (1752 males and 1585 females) participated in this research. The Bergen Facebook Addiction Scale was administered to assess the level of Facebook addiction. The results indicate that there exists no addictive Facebook usage among the participants. The men have significantly higher Facebook addiction scores than women (p<0.01). Also, it has been found that those above 35 years of age are the most vulnerable to Facebook addiction, if used in problematic manner. The nature and differences in Facebook addiction among the other age groups have been discussed in this study with an aim to dissect the roles of gender and age.

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