

NUTRITION AND FOOD CULTURE OF ODISHA THROUGH TRIBAL PERSPECTIVE

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Odisha is one among the tribal states of eastern India, and home to numerous tribal communities having unique cultures, languages, customs, and traditional practices. The food culture of tribal communities is closely interlinked with their customary practices, lifestyles and beliefs. It plays a significant role in their overall well being, nutrition, and cultural identity. This review gives insights on how nutrition is interlinked and viewed in the prospective of tribal food culture in the tribal communities of Odisha.
