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Cover : Artist's portrayal of Ayurgenomics, an integration of Ayurveda with genomics, against a backdrop of Himalayan terrain (picture courtesy NASA). **Artist: Sourav Brahmachari.**

Researchers at IGIB and CSIR have demonstrated how inter-individual difference captured through "Prakriti" (phenotyping method of Ayurveda) can explain high altitude adaptation. Description of the contribution of factors like ethnicity and geography to "Prakriti" in texts dating back to 1500 B.C. in Sanskrit is also shown in the image.

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