

ULTRA TRIAL: *UTTARABASTI* IN PCOS W.S.R TO ENDOMETRIAL RECEPTIVITY

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Polycystic ovarian syndrome (PCOS) is a complex multisystem disorder. All clinical features resemble Pushpaghni Jataharini, Artavakshaya, Artavanasha, Vata kaphaja artavadusti etc. Among the four essential factors of conception, endometrial disorders included in kshetradushti (defective Endometrial Receptivity) are more prevalent. PCOS affects ovulatory function, oocyte quality, and endometrial receptivity. Even when ovulation is restored, there is altered cellular endometrium affecting the endometrial receptivity. Uttarabasti (intrauterine instillation of medicine) is used as an ultra-trial for managing women suffering from PCOS using the parameters of the USSR.
