

ASSESSMENT OF THE NUTRITIONAL STATUS BY ANTHROPOMETRY AND MNA-SF: A STUDY IN BENGALI OLDER ADULTS

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The increase in the older adults population size and arranging proper nutrition for them make a challenging situation for India to achieve Healthy aging. In this backdrop an attempt is being made to assess the nutritional status in Bengali older adults in terms of common anthropometric parameters and also MNA-SF. The results indicated a situation far from being ideal.

Keywords: Healthy aging, MNA, geriatric nutritional status, malnutrition, anthropometric parameters.
