

BREAKING BARRIERS: A MULTIDIMENSIONAL STUDY OF INEQUALITY, INCLUSION, AND MENTAL HEALTH EQUITY IN BURDWAN DISTRICT, WEST BENGAL

PUJA DASGUPTA^{1*}, PAYEL BAKSHI^{1*} AND MUKTA DEB¹

Mental health equity is an emerging field to uplift community health and maintain social equality. To access complete mental health care, determinants such as inequality in socio-economic condition, gender, education, status, demographic condition and social stigma need to be eliminated. This study aims to promote inclusion and equitable mental health service delivery. Using a qualitative approach, data were collected from 45 respondents through focus group discussion, field observations and in-depth interviews. The study highlights the urgent need for inclusive policies, community-based interventions, and health system strengthening to promote mental health equity
