

FUTURE TRENDS IN MEDICAL TOURISM AND MENTAL WELLNESS: INTEGRATING HEALTHCARE, TECHNOLOGY, HOLISTIC WELL-BEING, AND SUSTAINABILITY

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The provision of medical services in the atmosphere of tourism, as the service provision has been transforming because of the growing number of more educated and intellectual clients or patients.' This research explores recent developments in the field of medical tourism with emphasis on mental health services, modern biomedical engineering, and complementary medicine equipment. The article aims to present a composite approach to the connection between modernization of the system of providing health services and the protection of the biosphere, the protection of humans, and the economy The operations of the various applications of technologies, such as tele wellness, machine learning and digital medical devices has led to altered provision of health services across the boundaries and increased satisfaction among users. The evolution of health care systems globally is the enhancement of prevention, health, and tourism and non-conventional medicine 'healing' systems in addressing the long-term well-being of patients.
