

DOES TRAINING IN MUSIC INFLUENCE SENSE OF WELLBEING OF TERTIARY STUDENTS: AN INVESTIGATION

ANKITA PARUI^{1*}, ASIMA PATRA¹, SHATARUPA DAS¹,
PAROMITA GHOSH¹ AND NANDINI CHATTERJEE¹

This is a study hoping to establish a causal link between training in music and sense of wellbeing among tertiary students. In the study the independent variables are categorical and dichotomous. These are training in music (music / other than music), educational stage (undergraduate / postgraduate) and gender of participants. The main finding is that 18% of variance in autonomy scores and 15% of variance in self acceptance scores of participant 1200 tertiary students can be explained by training in music. Choice of music as a career seems fraught with self governance and humility.

¹ Department of Home Science, University of Calcutta,
20B, Judges' Court Road, Alipore, Kolkata - 700027.

* Corresponding Author: mouparui11@gmail.com

