

SPIRULINA (*ARTHROSPIRA*) AS A GREEN REMEDY – AN OVERVIEW

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Spirulina, a blue-green microalga is an immortal descendent of the first photosynthetic lifeform, containing a wide variety of constituents, including proteins, carbohydrates, essential fatty acids, vitamins, minerals, pigments like carotenes, chlorophyll a and phycocyanin and it have been found to possess a number of biological activities, excellent nutritional and a therapeutic supplement.
