

## HEALTH AND NUTRITION CONCERNS OF WOMEN IN REPRODUCTIVE AND POSTREPRODUCTIVE YEARS IN INDIA

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*ABSTRACT : Unacceptably high rates of maternal mortality and morbidity in most of the developing countries all over the world is a matter of grave concern. The problem needs to be viewed as an unmitigated disaster affecting no less than 15 million women in a year out of which more than 0.5 million actually die. Problems of elderly women are compounded because of their postmenopausal status. In fact, this post reproductive period of life is a juncture of readjustments as it brings in its wake characteristic problems needing nutritional, medical, social and often psychological care.*

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