

YOURS TRULY BROCCOLI

POULOMI DAS^{1*} AND DIPANJAN GHOSH²

Broccoli is a popular vegetable known from the time of Roman Empire. Like other cruciferous vegetables, broccoli is a large edible flower. It is a rich source of certain vitamins, minerals and antioxidants, having various beneficial roles on human health. Due to its strong anticancer properties, broccoli is considered as an important dietary element in cancer prevention throughout the world.
