

AYURVEDA, OUR TRADITIONAL SYSTEM OF MEDICINE, AND ITS IMPORTANCE IN TODAY'S DRUG DEVELOPMENT†

JULIE BANERJI, ANUPAM NAYAK AND SASWATI TARAFDAR

Plants are among the richest sources of bioactive compounds throughout the world and have been used in Traditional Medicine in Greece, Rome, Arabian and Asian Countries for thousands of years. They still continue to provide new remedies and also new leads for synthetic drugs to mankind. Medicinal plants play an important role in health-care. This article deals with the importance of Ayurveda and resurgence of interest in this traditional Indian System of Medicine which depends on the use of plant based materials and their formulations.
