

## ***IN-VITRO* STUDY OF TRIPHALA ON ANTIOXIDANT ACTIVITY**

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*ABSTRACT* : Triphala (combination of aqueous extract of Amlaki, Haritaki & Bahera) is extensively used as household remedy in India and South East Asia from ancient time. Triphala used for biliary disorders, diarrhea, dyspepsia, cough, renal problems, and hepatic disorders. For the last few decades it's anti-inflammatory, anticancer and antioxidant roles may be clinically established in rheumatism, carcinogenesis and oxidative stress-related pathogenesis. In-vitro study on the Total antioxidant activity of triphala & its constituent gave very good results.

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