## **PROBIOTICS AND ITS ROLE IN DENTAL CARIES**

ABSTRACT : Probiotics are living micro-organisms added to food, which beneficially affect the host by improving its intestinal microbial balance.

Previous studies have suggested that Probiotics may also affect oral ecology by competing with pathogenic microorganisms or by modulating the host immunity response.

Although only a few clinical studies have been conducted, the result to date suggest that probiotics could be useful in preventing oral infections, specially dental caries.

This article summarizes the currently available data on probiotics and their potential effect on dental caries .