

QUANTITATIVE ESTIMATION OF OXALATE CONTENT OF SOME COMMON INDIAN SPICES AND FOOD ITEMS

The quantitative estimation of anti-nutrient “Oxalate” from some Calcium-rich spices (cumin, coriander, turmeric powder, black pepper) and Pulses (soyabean, red kidney bean) has been made. The samples were collected from different localities in West Bengal. From the data obtained it has been observed that the oxalate content of spices are found to be above the normal level and that of the pulses are below the normal level.
